

Erasmus+ Course Catalogue Autumn 2025



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1 General Information

1.1 Curriculum and the implementation of teaching

The Police University College's curricula are competency-based. Competency-based curricula determine the learning outcomes for the degree and courses, in other words, what the student should know, understand and be able to do as a result of the learning process. Evaluation is focused on learning results and based on learning outcomes. The principles of evaluation are described in the Police University College degree regulation.

The curriculum information describes the

- Scope of the course
- Course level
- Learning outcomes
- Subject matter
- Course requirements
- Grading scale.

Plagiarism detection software is used to analyze written assignments and the thesis.

See also the [Degree Regulations of the Police University College](#)¹.

1.2 Grading scales

At Polamk, the scope of studies is indicated in [ECTS credits](#)²

The grading scale is 0-5 or pass/fail.

Table 1 Grading Scales

Local grade	Definition	ECTS Grade
5	excellent	A
4	good	B
3	good	C
2	satisfactory	D
1	satisfactory	E
0 / HYL	fail	F / FX
HYV / PASS	pass	No grading scale. Course is evaluated only on pass/fail basis and cannot be graded.

¹ <https://polamk.fi/documents/25254699/37709942/Police-university-college-degree-regulations.pdf>

² http://ec.europa.eu/education/ects/users-guide/index_en.htm

1.3 Pedagogic policies behind the curriculum

The Police University College curricula emphasize a student-oriented approach as well as learning and competence-based thinking. Factors that guide teaching and study include the goal-oriented development of competence, strengthening the aspects of learning and building modules that reflect day-to-day professional work.

Read more about [the Pedagogic policies of the Police University College](#) ³

2 List of courses available for Erasmus+ students

The language of instruction is English. There are no prerequisites for the courses.

Table 2 List of courses

Course name	Scope	Level
Orientation Course	1 ECTS	B
The Finnish Way of Policing	4 ECTS	B/M
Aspects of Operational Police Education	3 ECTS	B
Current Themes in Policing	3 ECTS	B/M
Cop Culture: The Occupational Culture of the Police	1 ECTS	B
Survival Finnish Course	2 ECTS	B
Project Work	6 ECTS	B/M
Communication Skills for your Policing Degree	2 ECTS	B
Stress Management and Communication in Demanding Police Situations	3 ECTS	B
International Police Competence in Europe	1 ECTS	B

Course level: B = Bachelor (1st cycle), M = Master (2nd cycle), B/M = can be taken as a Master level course. All courses are open to all incoming students regardless of degree level.

If students need to take a full load of 30 ECTS during the semester, those students have a possibility to choose some studies from cross-institutional studies of Tampere University and Tampere University of Applied Sciences. Those studies will have to be planned in cooperation with the Polamk coordinator once next Autumn's study offers are public in June. The details and instructions for the cross-institutional studies are forthcoming.

³ <https://polamk.fi/documents/25254699/36377711/Pedagogic-policies-of-Polamk.pdf>

3 Course descriptions

3.1 Orientation Course, 1 ECTS

Course level

Bachelor

Learning outcomes

After completing this course, the student is:

- expected to grasp the principles of studying at Polamk and to be familiar with Polamk as a study environment
- aware of the services available to them to support their studies
- able to apply this knowledge in their studies

Subject matter

- Studying at Polamk
- Polamk as a learning environment
- Electronic study skills, electronic services for students and information security
- Practical matters
- Support services

Required work

Attendance at lectures.

Grading scale

The course will be graded on a scale of pass/fail.

3.2 The Finnish Way of Policing, 4 ECTS

Course level

Bachelor (can be taken at Master level)

Learning outcomes

After completing the course, the student will be:

- be familiar with the key steps in the historical development of Finnish policing
- understand the essentials of police work and education in Finland
- be aware of the main legislative and ethical principles of the Finnish police
- be able to compare policing practices in Finland with those in her/his own country

Subject matter

In Finland, public confidence in the police is strong. According to polls, 95 % of the population trust the police. What kind of development led to this level and what does it take to maintain the high confidence figures? Why is it important for the police to enjoy high confidence levels? During the course, students will gain an insight of the historical developments, operational principles, strategies, and ethics of the police in Finland. The students will also have an opportunity to make comparisons between Finnish police education and work and those in other countries.

Required work

- Attendance at lectures
- Reading literature
- Preparing 2-3 learning assignments
- Keeping a learning diary

Grading scale

The course will be graded on a scale of 0 to 5.

3.3 Aspects of Operational Police Education, 3 ECTS

Course level

Bachelor

Learning outcomes

After completing this course, the student will be familiar with and understand the role of a number of aspects or functions pertaining to education at Polamk and police work in general.

Subject matter

Introduction to different aspects of police education at Polamk in theory and practice. During the course, the students will get to know some practical approaches to police education and police work during short training exercises, lectures and other activities. The course includes participating and/or observing exercises in police education separately or jointly with Finnish students. Subjects include for example crime scene investigation, death investigation and concluding exercises. The level of participation in the exercises is determined by the student's previous experience and background. The course also includes study visits.

Required work

Lectures, exercises, literature, learning diary, participating in study visits.

Grading scale

The course will be graded on a scale of pass/fail.

3.4 Current Themes in Policing, 3 ECTS

Course level

Bachelor (can be taken as a Master level course)

Learning outcomes

After completing the course the student is able to

- understand the issues and significance of chosen current themes in policing
- generate and compare information related to the themes covered in the course
- present ideas and relevant information coherently in written assignments

Subject matter

Lecture series on chosen topics, presented by Police University College teachers and researchers.

Required work

- Lectures and/or seminar.
- Written assignments, final project.

Grading scale.

The course will be graded on a scale of 0 to 5.

3.5 Cop Culture: The Occupational Culture of the Police, 1 ECTS

Course level

Bachelor

Learning outcomes

After completing this course, the student is able to describe the features of police culture and its impact on police work.

Subject matter

- Features of police culture
- Police culture research

Required work

- Attendance at lectures
- Active participation in workshops and seminars including presentations and discussions

Grading scale

The course will be graded on a scale of pass/fail.

3.6 Survival Finnish Course, 2 ECTS

Course level

Bachelor

Learning outcomes

After completing this course, the student will know the foundations of Finnish pronunciation and be able to use and understand some short and simply structured Finnish expressions that concern some of the most common everyday situations. The course introduces everyday language and includes many activities to practice listening and reading comprehension, writing and speaking. With the course, it is possible to build a useful vocabulary of the Finnish language.

Subject matter

Greetings, simple questions, countries and nationalities, numbers, the days of the week and months, police work, food and eating, situations linked to everyday life, basics of Finnish customs; phrases connected to these subjects.

Required work

- Attendance at lectures and exercises
- Learning assignments

- Exam
- Successful completion of the exercises indicating that the student has acquired the skills included in the subject matter.

Grading scale

The course will be graded on a scale of pass/fail.

3.7 Project Work, 6 ECTS

Course level

Bachelor (can be taken as a Master level course)

Learning outcomes

After completing this course, the students will be able to:

- generate and compare information related to a chosen topic
- understand its significance in their field
- present ideas and information coherently to a specific audience
- learn independently as well as collaborate through working in a team to achieve common goals

Subject matter

The students will form a team in which they will pick a current topic relating to police work (such as intimate partner violence, use of force etc). The project work includes comparing aspects of the chosen topic in different countries from the perspective of the law, police education and jurisdiction. The students will present their work in written and oral form.

Required work

- Attendance at tutorials
- Independent work in teams
- Project report and presentation

Grading scale

The course will be graded on a scale of pass/fail.

3.8 Communication Skills for your Policing Degree, 2 ECTS

Course level

Bachelor

Learning outcomes

After completing this course, the students will be able to:

- introduce him- or herself and their professional assignments in English in a structured manner and with credibility
- create and maintain contacts and maintain a conversation without effort in English
- produce and present spoken and written presentations in English, in groups and individually, on subjects related to the field of policing
- participate in and lead discussions

- understand terminology and vocabulary related to communication, intercultural communication and policing

Subject matter

Various types of communication situations in English.

Required work

Learning assignments, active participation in teaching, oral group presentation, individual presentation and a peer assessment of oral presentation.

Exam in course literature.

Attendance in classroom lessons is required (80%).

Grading scale

The course will be graded on a scale of 0 to 5. (Learning assignments and active participation are required.)

3.9 Stress Management and Communication in Demanding Police Situations, 3 ECTS

Course level

Bachelor

Learning outcomes

After completing this course, the students will be able to:

- understand the significance of communication and cooperation skills and know how to employ them
- confidently use English in a professional setting
- compare stress management and communication in demanding policing situations in different countries and share best practices

Subject matter

- Police communication in demanding situations
- Stress management in police work
- Stress management and communication in participating countries' police education

Required work

- Preliminary assignment
- Active participation in International Week programme
- Group work on subject matter during the International Week

Grading scale

The course will be graded on a scale of pass/fail.

3.10 International Police Competence in Europe, 1 ECTS

Course level

Bachelor

Learning outcomes

After completing this course, the students will be able to:

- identify the different forms of international cooperation
- describe the impact and opportunities of internationalisation for the police

Subject matter

- The EU and its internal security priorities, and how they affect the operations of the police
- Forms and mechanisms of international cooperation
- Opportunities provided by internationalisation to the police and its personnel

Required work

Online learning assignments, online examination.

Grading scale

The course will be graded on a scale of pass/fail.